



# Springers Gymnastics Adventures Communicable Disease Plan & Step 3 Requirements

*Please note: this document is subject to change following provincial health and safety requirements.*

This Club Communicable Disease Plan has been approved by the Springers Gymnastics Adventures Owner on July 1st 2021.

# Springers Gymnastics Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

Springers Gymnastics is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases.

Springers Gymnastics will complete the following:

1. Springers Gymnastics will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
2. Springers Gymnastics will promote hand hygiene by providing hand hygiene facilities at the front desk and at the coaches desk with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
3. Springers Gymnastics will maintain a clean environment through routine cleaning processes. Staff will clean all high touch areas before and after each class. The cleaner we use is approved to disinfect Covid-19;
4. Springers Gymnastics & The Cannery Trade Centre will ensure building ventilation is properly maintained and functioning as designed;
5. To a reasonable extent, Springers Gymnastics will support employees in receiving vaccinations for vaccine-preventable conditions;
6. Springers Gymnastics is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.

## Additional Step 3 Requirements & Details

### Requirements:

- Spectators are allowed with a capacity of 20 people.
- Masks are not required in the field of play. Masks are recommended for those 12 and older who have not received both Covid-19 immunizations off the field of play.
- Physical Disancing is no longer required

### Additional Details:

- Foam pits are allowed to be used.